

TOYOHARI - JAPANESE NEEDLE THERAPY

AN EIGHT-WEEKEND, TWENTY-DAY POSTGRADUATE PROGRAMME

Instructors Stephen Birch, Junko Ida, Marian Fixler, Sue Pready, Joke Bik-Nowee, Miguel Cabrer, Anja Stiehle, Nicolas Hüppelshäuser, Sascha Gröbe

Toyohari is a form of Keiraku Chiryō - Japanese Meridian Therapy. It is a theoretically simple but technically sophisticated complete system of acupuncture. It is different from most other forms of acupuncture in that it uses a more delicate treatment method, placing great emphasis on the use of pulse diagnosis and palpation skills. The practitioner learns to understand through direct sensing of qi in diagnosis and treatment with continuous assessment of all techniques. The Toyohari Association has developed quite unique training and teaching methods that can accelerate the learning of these skills which usually take many years of practice to develop. Many who have studied the Toyohari style of acupuncture have reported that it is more like what they thought they were going to be studying in acupuncture school.

The Toyohari Association was founded in 1959, evolving out of earlier developments in Meridian Therapy in the 1930s and 1940s. The Toyohari Association began as an Association devoted to Japanese Meridian Therapy for blind students and practitioners. Today it includes both sighted and blind practitioners. Many of the senior instructors in the Association are blind, and have considerable clinical experience. Toyohari is taught in Japan as a post-graduate training of 20 days over two years. Instruction in Japan is given through the highly organised, academic and hands-on clinical training methods of the senior members of the Association, utilising the "Kozato study method". The European Branch, the EBTA has developed a training programme that follows the Tokyo based programme. The late past President of the Association, Kodo Fukushima wrote a book available in English translation: "Meridian Therapy", which is required reading for this programme. The book along with some supplies are included in the cost of the programme.

Graduation from this 120-hour programme entitles the graduate to join the Toyohari Association through the Toyohari Association Deutschland (TAD) branch and become a registered Toyohari practitioner. At present there are seven branches, Dutch, UK, German, Swiss, Spanish, Portuguese and Israeli. The principle purposes of the branches are to foster and improve clinical skills by providing ongoing study opportunities both in Branch study groups and study sessions with senior instructors in Japan and Europe. The European Branch of the Toyohari Association has been established to provide the structure for these educational opportunities. Graduates will receive a certificate signed by the EBTA and the Tokyo headquarters of the Association, and then be able to join the Toyohari Association through one of the EBTA branches.

Principle amongst the techniques used in the Toyohari system are:

- **Diagnosis:** focusing especially on pulse diagnosis and touch diagnosis;
- **Treatment:** very delicate supplementation technique; various draining techniques; harmonising technique (waho); "contact" needling techniques (sanshin); warming moxa (chinetsukyu), direct moxa (okyu), cupping (kyukaku), bloodletting (shiraku), specialised treatment of the neck and inguinal regions to relieve symptoms (naso & muno), specialised use of the extraordinary vessels (kikei), specialised use of midday-midnight method (shigo).

Graduates will considerably improve their pulse and tactile diagnostic and assessment skills.

Graduates will also develop a greater sense of qi sensitivity through applying the needling techniques of the Association.

Graduates will learn a range of methods specifically aimed at relieving symptoms.

Graduates will be able to join ongoing study groups through joining the Toyohari Association.

This will be the first Toyohari programme to be taught in Germany. To date more than twenty international programmes have been taught in Europe, two in the UK and one in Israel, all in English. This programme will be taught in English in Munich by up to ten teachers; these include the two most senior teachers outside Japan: Stephen Birch and Junko Ida, seven other teachers, three of whom are based in Germany: Marian Fixler, Sue Pready, Joke Bik-Nowee, Miguel Cabrer Mir, Anja Stiehle, Nicolas Hüppelshäuser, Sascha Gröbe. All have done extensive studies, also with Japanese teachers in Japan and Europe.

EUROPEAN BRANCH OF THE TOYOHARI ASSOCIATION

Greenhaven, Houndhead, Broadhempston, Totnes, Devon. TQ9 6AZ

Acupuncture is often taught in more theoretical-lecture classes, this programme is very hands-on in its teaching approach. For each day of class there is a high student-teacher ratio with a minimum of two instructors complemented by other Toyohari members as assistants to help supervise the practical training. 60% of the programme will involve hands-on practice of the various methods and techniques.

The programme will be taught in Munich at the:

Gesundzimmer, Landsbergerstrasse 155, 80687 München

The dates, and times for this 2022 eight-weekend programme are:

Jan - 28 (10.00-17.00) | **29** (9.00-17.30) | **30** (9.00-15.30) **Feb - 25** (10.00-17.30) | **26** (9.00-17.30) | **27** (9.00-16.30)
Apr - 9 (9.30-17.30) | **10** (9.00-16.00) **Apr - 30** (9.30-17.30) | **May 1** (9.00-16.00)
May - 27 (10.00-17.30) | **28** (9.00-17.30) | **29** (9.00-16.00) **Jun - 25** (9.30-17.30) | **26** (9.00-16.30)
Sept - 2 (10.00-17.45) | **3** (9.00-17.30) | **4** (9.00-16.00) **Oct - 1** (9.30-17.30) | **2** (9.00-16.00)

To ensure maximum hands-on training, the number of participants will be limited to 20. We expect the programme to fill quickly, so it is advised not to delay application, as applications will be taken on a first-come-first-served basis. You must have completed a training programme in acupuncture.

Program costs (including supplies and written materials): 2,400 Euros if you choose to pay in instalments or 2,200 if you pay in full by September 30, 2021.

☺ A non-refundable deposit of 300 euro to secure a place on the programme, with a balance of 1,900 euro to be paid by 30th September 2021. Total cost 2,200 euro

☺ A non-refundable deposit of 300 euro to secure a place on the programme, with 300 euro per month on the 1st of each month starting September 1, 2021 followed by October 1, November 1, December 1 and in 2022: January 1, February 1, March 1. Total cost 2,400 euro.

To secure your place on the programme please email your completed application form to Nicolas Hüppelshäuser AND transfer a non-refundable deposit of 300 euro into our account.

Once the application form and deposit have been received you will receive a letter confirming your place on the programme with instructions on payment of the remaining amount according to the payment plan you selected.

For further information please contact Nicolas Hüppelshäuser at:

T: +49 228 929 78 401 Email : n.hueppelshaeuser@praxis-nh.de

Please complete the registration form below and send it to the following address:

Nicolas Hüppelshäuser, Praxis für Japanische Medizin Bonn, Bachstr. 6, 53115 Bonn .
OR email: n.hueppelshaeuser@praxis-nh.de

Payment information

Please **state your name** with the payment. **You should pay any bank transfer costs.**

Bank: Apobank

please pay to:

Toyohari Association Deutschland e.V.

IBAN DE78 3006 0601 0107 7501 37

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I would like to register for the Toyohari programme

Name:

Street Address:

Postcode, City & Country:

Phone number:

e-mail: # years as acupuncturist:

I am (circle) an: acupuncturist doctor student other

I have studied acupuncture for hours over a period of years.

My training was at the School in

I received information on this programme through: mail introductory workshop other

FOR METHOD OF PAYMENT CHOOSE ONE

I will pay the 300 euro deposit now and will pay 1,900 euro by September 30, 2021. (TOTAL 2,200 euro)

I will pay the 300 euro deposit now and pay 300 per month by direct debit automatic payment bank transfer at the following times (Total 2,400 euro):

in 2021: September 1, October 1, November 1, December 1

in 2022: January 1, February 1, March 1,

If accepted into the programme, I agree to pay according to the schedule I have selected.

Signature

Date

Place

Toyohari is a registered trademark (international classification 9/16/41/42) for the members of the Toyohari Association

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